

## CHOICE

**FEELS LIKE...** autonomy  
empowerment intrinsic motivation ownership

Write your own *looks* like words...

**LOOKS LIKE...** setting goals negotiating  
influencing the direction of the learning  
being spontaneous moving around  
choosing how long to work/play  
choosing collaborators and roles making and changing rules

Write your own *looks* like words...

## WONDER

**FEELS LIKE...** engagement  
novelty fascination curiosity surprise

Write your own *looks* like words...

**LOOKS LIKE...** taking risks trying  
reflecting on mistakes creating exploring  
pretending improvising inventing  
focusing attention imagining  
asking questions that further learning

Write your own *looks* like words...

## PLAYFUL LEARNING

## DELIGHT

**FEELS LIKE...** satisfaction  
enjoyment belonging pride  
excitement inspiration flow

Write your own *looks* like words...

**LOOKS LIKE...** singing/humming discovering hygge  
anticipating competing being silly celebrating joking  
expressing excitement smiling/laughing  
being altruistic

Write your own *looks* like words...